



AACCA Spirit Safety Certification

Available at www.nfhslearn.com

This Spirit Safety Certification course was developed in partnership with the AACCA, a non-profit educational association which provides safety certification and training for coaches. The overall purpose of this course is to not "clear" you as a coach, but instead to inform you of your responsibilities as a coach. This course will provide you information and advice to help you assess and make changes to your current safety program with the goal to minimize the risks involved in this sport. Coaches will have one year from the date of purchase to take this course and review all of its resources.



This course fulfills the sport-specific requirement of the NFHS National Coach Certification Program

AACCA SPIRIT SAFETY CERTIFICATION

You are logged in as Dan Schuster
LOGOUT | HELP

1 2 3 4 5 6 PLAY

Increased Athleticism in Cheerleading

1. Congress' passage of Title IX
2. Increased national television exposure of cheerleading competitions
3. Continued movement of gymnastics into cheerleading

TRANSCRIPT RESOURCES QUOTES TEACHABLE MOMENTS

With the passage of Title IX and the resulting wide acceptance of the female athlete, a growing presence on national television and the increase of gymnastics into the sport, today's cheerleaders have become more athletic than ever before. Therefore as coaches, we need to be increasingly more safety conscious.

Developed by:



Follow the NFHS Coach Education Program:

