



Coaching Sports in Middle School

Available at www.nfhslearn.com

Students ranging from 10 to 15 years old have a wide range of natural ability, learned skills and physical development. As a result the goal of the course, Coaching Sports in Middle School, is to provide coach education that recognizes that middle school sports should be developmentally appropriate for young adolescents. This course is designed for middle school coaches and administrators and was developed in partnership with the Association of Middle Level Education. Coaching Sports in Middle School is based on the book, Clearing the Hurdles: Issues and Answers in Middle School Sports by C. Kenneth McEwin and John Swaim.

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Assessing Current Program

Educators at most middle schools are providing school environments that reflect the intellectual, physical, social and emotional characteristics of young adolescents.

TRANSCRIPT

Educators at most middle schools are providing school environments that reflect the intellectual, physical, social and emotional characteristics of young adolescents. Still, this transformation has not occurred consistently with regard to middle school sports programs. It is important to have all aspects of middle school, including intramural and interscholastic sports, reflect the overall middle school philosophy. Take a moment to read the following excerpt from a parent's letter to a school administrator.

Developed with:



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