



# Core Courses

Available at [www.nfhslearn.com](http://www.nfhslearn.com)

## Fundamentals of Coaching

✓ Presents material that all coaches should know and be able to do.

## First Aid for Coaches

✓ Presents the American Cross first aid online for coaches

Core courses provide coaches with content from all eight domains contained in the National Standards for Sport Coaches (NASPE 2006). These two courses form the foundation from which all elective courses and sport-specific courses are developed. Core courses should be completed first to give the coach a better understanding of elective and sport-specific courses.