



Fundamentals of Coaching Football

Available at www.nfhslearn.com

Course content developed by USA Football. The course provides a unique student-centered curriculum on essential football coaching techniques and methods for interscholastic teacher/coaches. The content is presented by Charles Davis of Fox Sports. This course shares practical methods for increasing student participation through effective feedback and stress reduction. Scores of skills videos and printable materials can be accessed in the resources tab.



This course fulfills the sport-specific requirement of the NFHS National Coach Certification Program

The screenshot shows the course interface. At the top, it says 'USA Football' and 'FUNDAMENTALS OF COACHING FOOTBALL'. Below that, there's a navigation menu on the left with options like 'Intro', 'Unit 1: All Player Skills', 'Unit 2: Offensive Team Skills', 'Unit 3: Defensive Team Skills' (highlighted), 'Unit 3 Objectives', 'Defensive Linemen Skills', 'Defensive Linebacker Skills', 'Defensive Team DB Skills', 'Unit 3 Test', 'Unit 4: Special Teams', and 'Course Final Remarks'. The main content area is titled 'Unit 3 Objectives: Defensive Team Skills'. It features a photo of football players in blue and gold uniforms. The text reads: 'While the offensive team has the job of advancing the ball down the field and putting points on the scoreboard, the defensive players' challenge is to prevent the other team from scoring, score if they can, and get the ball back for their offense. A good defensive team will have a big influence on the outcome of the game. The defensive team is divided into three position groups:'. There is a 'Continue >' button. At the bottom, there are three tabs: 'TRANSCRIPT', 'RESOURCES', and 'DIAGRAMS & ANIMATIONS'. The NFHS logo is visible in the bottom left corner of the interface.

Developed by:

