



## Coach Education Program

# The Role of the Parent in Sports

Available free at [www.nfhslearn.com](http://www.nfhslearn.com)

As a parent of a student who participates in athletics, you make a huge difference in the quality of your child's sport experience, as well as what is being taught and learned by our youth. The National Federation of State High School Associations has provided information and resources to help educate you on the importance of proper behavior by parents in school sports.

The screenshot shows a web-based presentation interface. At the top left is the NFHS logo. The main title is "The Role of the Parent in Sports" in a large, bold, red font. Below the title are navigation buttons: "<< PREVIOUS", "NEXT >>", and "PLAY". The main content area features a large image of two graduates in black caps and gowns, smiling and holding white diplomas. To the left of this image is a sidebar menu with the following items: "Unit 1: What interscholastic athletics are about", "Unit 2: What you and your child want out of school sports", "Goals", "Realistic Expectations", "Academic Goals", "Unit 3: Having a successful educational sport experience", "Unit 4: Making the call", "Unit 5: Plan for improvement", and "Unit 6: Conclusion". The "Academic Goals" section is highlighted in red. Below the main image, there are two buttons: "TRANSCRIPT" and "RESOURCES". At the bottom, a text box contains the following message: "Besides having sport goals, it is important to have academic goals as well. As a parent, you need to help us balance the two. Yes, you and I might have the same goal to get a college scholarship, but being good at the sport is only half of that, having good academic standing is the other. It is essential to encourage us to keep up with our school work and to not put practice, training, or games before our education."

## The Role of the Parent in Sports

<< PREVIOUS    NEXT >>    PLAY

### Academic goals

Have academic goals.

It is essential to **encourage** us to keep up with our school work.

**Do not** put practice, training, or games before education.

TRANSCRIPT    RESOURCES

Besides having sport goals, it is important to have academic goals as well. As a parent, you need to help us balance the two. Yes, you and I might have the same goal to get a college scholarship, but being good at the sport is only half of that, having good academic standing is the other. It is essential to encourage us to keep up with our school work and to not put practice, training, or games before our education.