



**Coach Education**  
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## The Role of the Parent in Sports

As a parent of a student who participates in athletics, you make a huge difference in the quality of your child's sport experience, as well as what is being taught and learned by our youth. The National Federation of State High School Associations has provided information and resources to help educate you on the importance of proper behavior by parents in school sports.

### **Unit 1: What interscholastic athletics are about**

- Welcome
- What Kind of Sport Parent Are You?
- Interscholastic Athletics
- Losing Perspective

### **Unit 2: What you and your child want out of school sports**

- Goals
- Realistic Expectations
- Academic Goals

### **Unit 3: Having a successful educational sport experience**

- Be Supportive
- Be Encouraging
- Be the Interpreter
- Being a Model

### **Unit 4: Making the call**

- You Decide

### **Unit 5: Plan for improvement**

- Taking Action

### **Unit 6: Conclusion**

- Keeping Perspective

**Resources:** Action Plan; Communicating With Coaches; Dos and Don'ts of Sport Parenting; Keeping Perspective; Parent Self- Assessment; Parent Self- Assessment Results; Parents That Coach Their Child in Sport;; Probability of Competing in Sport Beyond High School; Sportsmanship Expectations; Videos: Hostile Crowd and Boisterous Parent