



Fundamentals of Coaching Soccer

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COURSE DESCRIPTION

Fundamentals of Coaching Soccer course was developed in partnership with the National Soccer Coaches Association of America (NSCAA). It provides a unique student-centered curriculum on essential soccer coaching techniques and methods for interscholastic teacher/coaches. This course also shares practical methods for increasing student participation through effective feedback and stress reduction. Coaches will have one year from the date of purchase to review this course and all resources.



Developed by:
National Soccer Coaches
Association of America

Unit Overview

- Unit 1: Course Overview
- Unit 2: Methods for Participation, Stress Reduction and Effective Feedback
- Unit 3: Teaching Soccer Techniques
- Unit 4: Rules of the Game
- Unit 5: 4 v. 4 and 5 v. 5 Practice Techniques



Engaging Effectively with Parents

- Provides teacher/coaches with information and strategies to enhance their relationships with the parent.

NFHS First Aid For Coaches

COURSE DESCRIPTION

- Designed to help coaches, athletic trainers and other participants identify and eliminate potentially hazardous conditions in various sports environments, as well as recognize emergencies and make appropriate decisions for first-aid care. Meets first-aid requirements mandated for coaches and athletic trainers.
- Certified by the American Red Cross.

